

**EVALUATION OF INTENSIVE CARE INTERN  
PERNILLE AHNFELT-RONNE (310773-2984)**

Pernille has been an intern at the Cardiac Surgery Intensive Care Unit, Beth Israel Medical Center, for 6 weeks working an average of 37 hours per week. During that time she has been introduced to the unit's most common disorders and patient groups, the technological equipment and the forms of therapy in order to understand the routines of the unit. The unit is a 10 bed ICU. All patients are open-heart patients. The patients are admitted to this unit directly from the Cardiac OR. They are recovered here, stabilized, and when stable (for most 24-48 hours) they are transferred to the Cardiac Progressive Care Unit. As well as practicing basic ICU care the nurses at this unit are licensed to adjust pacemaker and ventilator settings, extubate and monitor advanced equipment such as the Intra Aortic Balloon Pump. The unit is nurse driven. That means that, though Beth Israel is a major teaching hospital and has residents from around the globe, that residents do not practice on this unit. The nursing management team is headed by the director, who is a nurse practitioner, and her 3 nurse managers who are also practicing NPs.

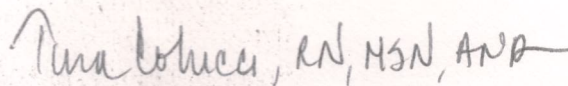
During her time here Pernille has gained knowledge of the unit's specific nurse duties, observation and treatment and increased her knowledge of the width and variation of the intensive care field. She has followed teaching rounds at related units (Coronary Care Unit, Medical Intensive Care Unit, Pulmonary Step Down) thereby increasing her understanding of planning the care for the unit's patients keeping their history, future care and education in mind. Under supervision and supplementary theoretic tuition she has gained an understanding of how to react appropriately and act professionally and ethically correct in acute situations, how to base her actions on specific theoretical knowledge, practical skills and humanity, how to assess situations and prioritize procedures, reflect on the care and document observations, treatment and care using the documentation tools of the unit.

She has set her own goals for the internship and sought out relevant educational situations thereby demonstrating an ability to adapt to and function in a changed environment and culture with loyalty to the values and goals of the unit. By seeking to educate herself abroad she has helped strengthen liaisons between ICUs for mutual inspiration and exchange of experience.

This way she has achieved the official objectives and her own personal goals for the internship.

Sick days: 1

Sincerely,



Tina Colucci  
Manager/NP